

## Student Course Outline

### A. Prior to class

- Enrollment
- Trauma Screening
- Pre-test

### B. Lecture and Simulations

- Introduction of Instructors **(0:00)** 5 minutes
- Initial Simulation (Baseline) **(0:05)** 15 minutes
- Baseline Knowledge **(0:20)** 40 minutes
  - Introduction to Course
  - Survivor Mindset
  - Workplace Violence
  - Past “Crisis” Training
  - The Huddle Mini Simulation
  - Stress and Critical Thinking
  - Intuition
- Response Options: A.B.L.E. 50 minutes, followed by 10 minute break
  - **Accept (1:00)**
    - Take control
    - Take action
  - **Barricade (1:20)**
    - Where and how
    - Facility Lockdown Policy
  - **Leave (1:40) [Break at 1:50]**
    - Where and how
    - What to expect
  - *[Engage - follows simulations]*
- Simulations: **(2:00)** 45 minutes
  - Scenario #1 & Debrief
  - Scenario #2 & Debrief
  - Scenario #3 & Debrief

- Final Response Option: **(2:45)** 75 minutes
  - Engage
    - Individual techniques
      - Hammer Strike
      - Wrist Grab
      - Hair Pull
      - Front Choke
      - Rear Choke
    - Group technique **(3:25)**
      - “The Swarm”
- Review:
  - A.B.L.E. and course topics **(3:45)**
  - Compare actions from Initial Simulation to Scenario #3 (final simulation) **(3:55)**

### C. After Class

- Post Test
- Course Evaluation